

CANCER SUPPORT GROUPS

(Schedules & locations subject to change. Participants may wish to confirm the schedule prior to attending 1st meeting.)

Care & Share Cancer Support Group

For patients, survivors, family members and friends affected by any type of cancer.

Covenant Cancer Treatment Center

200 E Ridgeway Ave, Waterloo, IA

First Tuesday of each month; 1:30-3pm

Contact Oncology Social Worker at 319-272-2816

Splash of Color – Women of Color Cancer Support Group

For patients, survivors, family members and friends affected by breast cancer.

Second Thursday of Feb, May, Aug and Nov; 5-7pm

Meeting locations vary. Contact Cathy at 319-504-2703

Touch of Courage - Breast Cancer Support Group

Open to breast cancer patients. Family members are also welcome.

Covenant Cancer Treatment Center

Kimball Ridge Center

2101 Kimball Ave, Waterloo, IA

First Monday of each month; 1:30-3:00pm

Contact Pat at 319-232-8691 or plbul54@gmail.com

Young Cancer Survivors – Meet, Mingle and Learn

For all young (& young at heart) women with any type of cancer

Cedar Valley Unitarian Universalist

3912 Cedar Heights Drive, Cedar Falls, IA

Third Tuesday of January, April, June & September; 4:30-7pm

Contact Gabbi at 319-292-2225 or gdewitt@co.black-hawk.ia.us

US TOO Prostate Support Group

Open to prostate cancer patients, survivors and their families/caregivers.

UnityPoint Health Allen Hospital (South Dining Room)

1825 Logan Ave, Waterloo, IA

Second Monday in Sept; First Monday of Oct-Dec and March-May; 6:30-8pm

Contact Sue; 319-235-3747

Look Good Feel Better

Covenant Cancer Treatment Center

200 E Ridgeway Ave, Waterloo, IA

Free program from American Cancer Society designed for women dealing with hair loss & skin changes from chemotherapy & radiation. Cosmetic tools provided free of charge.

Registration is required. Register by calling 1-800-227-2345

Phone and Online Support

Imerman Angels

Free one-on-one support for patients with all types of cancers and/or caregivers. Patients/caregivers are matched with someone who has been on a similar journey. Communication with your support person can happen by email, phone, video chat, instant messaging, in person, etc. As a patient/caregiver, you determine how frequently you have contact with your support person. Register by phone at 312-273-1308 or online at <https://imermanangels.org/get-support/>.

American Cancer Society - Cancer Survivors Network

Free online support group available 24 hours a day, 7 days a week. Get and receive support and practical tips. Search, find, and connect with others like yourself. Take part in discussion boards and live chats, send secure messages to other members and find resources. Go to csn.cancer.org and click on the "Register" button to begin.

Reach to Recovery

Sponsored by American Cancer Society. Trained breast cancer survivors visit one-to-one by phone with breast cancer patients to share information and provide support during the cancer journey. For more information call 1-800-227-2345.

CancerCare

Free online and telephone support groups. Register at www.cancercare.org

Cancer Hope Network

A free service that matches cancer patients and their loved ones with someone who has been in the same fight and won. To register call 1-877-467-3638 or online at www.cancerhopenetwork.org

LIVESTRONG

Free service matches patients with a personal cancer navigator. To register call 1-855-220-7777 or online at www.livestrong.org