

Adolescent Well-Visit Private Time

Providers will spend some time during teen well-visits without the parent in the room in order to assist them in becoming more independent with their own health care.

Shifting Responsibility for Health Care Decisions

A few ways this shift in responsibility will be implemented:

- Adolescents should be familiar with their own medications. They should be aware when refills are needed.
- The log-in information for our patient portal website will be held by the adolescent patient, not the parent.
- Once a patient turns 18-years-old, they will have sole access to their health information, unless the patient provides written permission for the parent/guardian. This includes test results.

According to Iowa Law, a minor may seek medical care for the following without the permission or knowledge of their parent:

substance use treatment

sexually transmitted infection (STI) testing and treatment

HIV testing - *if test is positive, Iowa Law requires parent notification*

contraceptive care and counseling, including emergency contraception

blood donation if 17 years of age or older

From ages 12 to 14, parents that wish to be part of a well-visit will be asked to join following the private time. Outside of our time together, we encourage parents and teens to be open and honest with each other when it comes to health care decisions.



PEOPLES
Community Health Clinic

